

## National Scan of Person Centered Training Programs and Curricula

### 1. Schools

Name of Approach or Model	Official Training Program	Additional Efforts to Disseminate Approach	Approach or Model Type	Purpose or Intended Use
Individualized Education Plans (IEP)	N/A	Collaborative Autism Resources and Education(CARE): <a href="#">IEP Training</a>  US Department of Education <a href="#">Guidance</a>  <a href="#">Transition Planning</a>  Head Start: <a href="#">IEP Training Model</a>	Planning Document	Each public school student who receives special education and related services must have an IEP, which represents a collaboration between teachers, school personnel, parents, and sometimes students to improve educational results.

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MAPS	<p><a href="#">Person Centered Planning through MAPS and PATH</a>: 2-day, in-person event led by Jack Pearpoint and John O'Brien (PATH creators)</p> <p>Facilitators are expected to be trained, practice their skills and receive feedback, and have experienced the process on themselves.</p> <p>Formal credential: No</p>	<a href="#">Sonoran UCEDD: Tools and Videos</a>	Planning Model	Through a series of questions, individuals and organizations using MAPS help the focus person construct a personal history or life story based on personal milestones. After getting to know the focus person better and exploring his or her dreams for the future, the team begins to build a plan to move in the direction of the individual's dreams.
Individual Learning Plans	N/A	<a href="#">National Collaborative on Workforce and Disability Youth: Resources</a>	Planning Model	An individualized learning plan (ILP) is both a document and a process that students use – with support from school counselors, teachers, and parents – to define their career goals and postsecondary plans

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				in order to inform the student's decisions about their courses and activities throughout high school.
One Page Profiles in Education	Helen Sanderson: One Page Profile <a href="#">Training</a> Formal credential: No	<a href="#">The Learning Community for Person Centered Practices</a> : 2-day Person Centered Thinking Training includes content on one page profiles.	Planning Document	Helps to capture what people appreciate about the person, what is important to someone, and how they want to be supported, in order to provide an at-a-glance way of knowing what really matters to people that can be taken with them as they move through services and come into contact with people.

## 2. Employment

Name of Approach or Model	Official Training Program	Additional Efforts to Disseminate Approach	Approach or Model Type	Purpose or Intended Use
Discovery/Customized Employment	March Gold and Associates: <a href="#">Certification</a> in Discovery, Job Development, and Systematic instruction- 3 day training, plus 20 week process  Formal credential: No	The LEAD Center: <a href="#">Webinars and Resources</a>	Conceptual Framework with Supporting Tools	To advance employment and community participation for persons with significant disabilities by matching a person's interests, skills, and needs with an employer or community's needs; may include job carving, self-employment, or other individualized approaches to employment.
<b>Supported Employment/Competitive</b>	Association of People Supporting Employment First (APSE): <a href="#">Certified Employment</a>	SAMHSA: Training Frontline Staff—Supported Employment, Evidence-Based Practices <a href="#">Workbook</a>	Conceptual Framework with Supporting Tools	Supported employment is an approach that helps people find and maintain

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<b>Integrated Employment</b>	<a href="#">Support Professional (CESP) Certification</a> —3 hour exam Formal credential: Yes	<a href="#">Association of People Supporting Employment First (APSE)</a> : National conference, webinars, chapter events  Virginia Commonwealth University Rehabilitation Research and Training Center: <a href="#">Webinars</a>  DirectCourse: <a href="#">College of Employment Supports</a>  <a href="#">Association of Community Rehabilitation Educators (ACRE)</a> : Online, in-person, and hybrid trainings  The LEAD Center: <a href="#">Resources</a>		employment in integrated settings and competitive pay.

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<b>Employment First</b>	Office of Disability Employment Policy <a href="#">Employment First</a> State Leadership Mentoring Program – Community of Practice open to State Employment First teams. Formal credential: No	Training Resource Network: <a href="#">Manual</a>  Various state-specific training programs	National Movement	Framework for systems change that is centered on the premised that all citizens, including individuals with significant disabilities, are capable of full participation in integrated employment and community life. Provides mentoring, intensive technical assistance (TA) and training from a national pool of subject matter experts and peer mentors to multi-disciplinary core states as they transform existing policies, service delivery systems, and reimbursement structures to reflect an Employment First approach.

### 3. Independent Living

Name of Approach or Model	Official Training Program	Additional Efforts to Disseminate Approach	Approach or Model Type	Purpose or Intended Use
Independent Living Philosophy	N/A	<p>The National Council on Independent Living (NCIL): Offers a series of <a href="#">webinars</a> and an <a href="#">annual conference</a>.</p> <p>The Independent Living Research Utilization (IRLU): Online and in-person <a href="#">trainings</a></p>	National Movement	A movement to promote the rights of people with disabilities using a peer support model.

#### 4. Health Care

Name of Approach or Model	Official Training Program	Additional Efforts to Disseminate Approach	Approach or Model Type	Purpose or Intended Use
<b>Shared Decision Making</b>	The Agency for Healthcare Research and Quality (AHRQ): 1-day <a href="#">train-the-trainer workshop for</a> health care providers Formal credential: No	Mayo Clinic Shared Decision Making National Resource Center: <a href="#">Tools</a>  <a href="#">Dartmouth Center for Shared</a>  Decision Making: <a href="#">Toolkits</a> and Online Course in Certificate Program  Ottawa Hospital Research Institute: <a href="#">Resources on decision aids</a> , such as courses, online tutorial, and curriculum to integrate into RN education  Veterans Health Administration: <a href="#">Toolkit</a>  SAMHSA: <a href="#">Resources</a>	Conceptual Framework with Supporting Tools	A participatory model in which clinicians and patients work together to make decisions and select treatments based on evidence that balances risks and expected outcomes with patient preferences and values.



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Patient Centered Initiatives/Patient Engagement	N/A	<p>Institute for Healthcare Improvement: <a href="#">Virtual training</a> in self-management and patient engagement</p> <p>Office of the National Coordinator for Health IT: <a href="#">Patient Engagement Playbook</a>; Online Training on <a href="#">Interoperability and Patient and Family Engagement</a></p> <p>Patient-Centered Primary Care Collaborative: Offers a <a href="#">database</a> of programs targeting health professionals in their efforts to deliver patient centered care</p> <p>CMS: Person and Family Engagement Strategy <a href="#">Strategic Plan</a></p>	Conceptual Framework	Patients and families are partners in defining, designing, participating in and assessing the care practices and systems that serve them to assure they are respectful of and responsive to individual patient preferences, needs and values. This collaborative engagement allows patient values to guide all clinical decisions and drives genuine transformation in attitudes, behavior and practice.

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<b>Disability Competent Care (CMS model)</b>	<a href="#">Resources for Integrated Care</a> website by the Medicare-Medicaid Coordination Office in CMS: Webinars and resources Formal credential: No	N/A	Conceptual Framework with Supporting Tools	An aspirational, patient-centered model focused on supporting individuals to achieve maximum function, designed for health plans or providers of Medicare-Medicaid enrollees.

## 5. Mental Health/Substance Abuse

Name of Approach or Model	Official Training Program	Additional Efforts to Disseminate Approach	Approach or Model Type	Purpose or Intended Use
<b>Person Centered Planning in Recovery</b>	N/A	<a href="#">Yale Program for Recovery and Community Health</a> : Training, research, and resources	Conceptual Framework	A broad category of practices for a strengths based approach to using person centered planning in recovery.
<b>Wellness Recovery Action Planning (WRAP)</b>	The <a href="#">Copeland Center</a> : A series of seminars for general audiences, facilitators, advanced facilitators, peer facilitators, and a certification for organizations; certifications available for facilitators, advanced facilitators, peer facilitators, and organizations. Formal credential: Yes	Mary Ellen Copeland and Relias Learning: <a href="#">Online WRAP courses</a> for people interested in developing a WRAP	Planning Model	Designed to support people in achieving their wellness goals and increase community inclusion.
<b>Shared Decision Making</b>	N/A	<a href="#">CommonGround</a> : A comprehensive program offering a peer-to-peer workshop, decision support center (using specialized software)	Conceptual Framework with Supporting Tools	Recognize the expertise of both the practitioner and patient as they engage in a collaborative process to arrive at the best

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		and training for case management staff		<p>possible decisions about treatment.</p> <p>Psychiatric advance directives, legal documents for advancing future care, can be a tool to facilitate SDM in crisis or emergency situations.</p>

## 6. Older Adults/People with Dementia

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Eden Alternative	<a href="#">Certified Eden Associate Training</a> and <a href="#">Certified Eden at Home Associate Training</a> : 3-day trainings leading to certification, focused on effecting change in organizations. Organizations that demonstrate their commitment to the Eden Alternative philosophy through a defined process are recognized on the <a href="#">Eden Registry</a> . <a href="#">Eden Alternative</a> offers a range of other trainings, webinars, and events. Formal credential: Yes	N/A	Conceptual Framework with Supporting Tools	A <a href="#">philosophy guided by ten principles</a> to bring about person-directed care and culture change in LTSS and combat loneliness, helplessness, and boredom, with a focus on older adults and their care partners.
<b>Memory Clubs/Cafes</b>	N/A	Memory Café: A <a href="#">directory</a> to locate clubs in the US, and a <a href="#">guide</a> to developing a memory café	Service Delivery Model	Developed in Europe this model provides a social outlet of support and fun for people living with

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				dementia and their care partners.
<b>Culture Change</b>	N/A	The <a href="#">Pioneer Network</a> : A non-profit that promotes culture change, offers a toolkit and workbook.	National Movement	Culture change is the common name given to the national movement for the transformation of older adult services, based on person-directed values and practices.

## 7. Intellectual and Developmental Disabilities

Name of Approach or Model	Official Training Program	Additional Efforts to Disseminate Approach	Approach or Model Type	Purpose or Intended Use
<b>Essential Lifestyle Planning (ELP)</b>	<p>The Learning Community for Person Centered Practices: <a href="#">ELP Plan Facilitation Training</a></p> <p>Delivered by credentialed trainers using a train-the-trainer model Formal credential: Yes</p>	The Learning Community for Person Centered Practices: 2-Day <a href="#">Person Centered Thinking</a> Training is based on the elements of ELPs.	Planning Model	A way to discover what is important to a person in their daily life and what others need to know and do so that what is important to each person is present while any issues of health and safety are addressed.
<b>Transition to Independence Process (TIP)</b>	<p>National Network on Youth Transition for Behavioral Health (NNYT): Operates the <a href="#">NNYT Stars Training Academy</a>, which is the</p>	Transition to Independence Process (TIP): Model <a href="#">Orientation Modules</a> provide an orientation, but do not ensure proficiency	Planning Model	The goal of TIP, an evidence-supported approach, is to engage young people in their own futures planning by providing them with developmentally appropriate, non-stigmatizing, culturally competent, and appealing services and supports.

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	official purveyor of TIP training and offers a range of training, TA, and consultation through their faculty Formal credential: Yes.			
<b>Life Course</b>	N/A	<a href="#">National Community of Practice</a> for Supporting Families of Individuals with I/DD  Annual <a href="#">Showcase</a> : 2-day in-person event.	Conceptual Framework with Supporting Tools	Created by families to help people and families of all ages develop a life plan and move toward an inclusive, productive life now and in the future.
<b>Supported Decision Making</b>	N/A	<a href="#">The Jenny Hatch Justice Project</a> : Webinars, courses, and publications  National Resource Center for Supported Decision Making: <a href="#">Presentations</a>  National Gateway to Self-Determination: <a href="#">Resources</a>	Conceptual Framework	An alternative to guardianship that allows an individual with a disability to make choices about his or her life designate people to be part of a team to help with decision making.



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<b>Direct Support Professionals</b>	<p>The <a href="#">National Alliance for Direct Support Professionals (NADSP)</a> offers a tiered certification program that requires training from an NADSP accredited program.</p> <p>Formal credential: Yes</p>	<p>National accredited trainings: <a href="#">College of Direct Support</a>, <a href="#">U.S. DOL certified apprenticeship program</a>, <a href="#">Relias Learning</a>, The Training Collaborative for Innovative Leadership, <a href="#">Star Services</a>, <a href="#">Open Future Learning</a></p>	Professional Role	<p>Direct Support Professionals (DSPs) play a significant role in the full participation of people with disabilities in all aspects of community life.</p>
<b>Personal Futures Planning</b>	N/A	<p>A variety of trainings for facilitators using <a href="#">tools</a> developed by Beth Mount.</p> <p>Manual: <i>Person Centered Planning: Finding Directions for Change Using Personal Futures Planning</i>, by <a href="#">Dr. Beth Mount</a></p>	Planning Model	<p>An ongoing process that encourages the focus person and supporters to become aware of the person's potential to become an integral, contributing member of the community.</p>

## 8. All/Multiple Populations

Name of Approach or Model	Official Training Program	Additional Efforts to Disseminate Approach	Approach or Model Type	Purpose or Intended Use
<b>PATH</b>	<p><a href="#">Person Centered Planning through MAPS and PATH</a>: 2-day, in-person event led by Jack Pearpoint and John O'Brien (PATH creators).</p> <p>Facilitators are expected to be trained, practice their skills and receive feedback, and have experienced the process on themselves.</p> <p>Formal credential: No</p>	A variety of resources and workbooks are available to support PATH facilitators	Planning Model	A graphic planning process focused on supporting people to dream about the future and set positive and possible targets to move toward their goal.
<b>Person-Centered Thinking</b>	<p><a href="#">Person Centered Thinking Training</a>: 2-day, in-person course led by credentialed trainers</p> <p>Trainers are credentialed through a train-the-trainer model using mentor trainers</p>	The Learning Community for Person Centered Practices shares many resources publicly.	Conceptual Framework with Supporting Tools	Teaches value-based skills for anyone involved in developing or implementing plans with people.

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	Formal credential: Yes			
<b>Consumer or Self Direction Models</b>	N/A	<a href="#">Applied Self Direction:</a> Offers webinars, resources, and an annual conference	Service Delivery Model	Self-direction is based on the belief that people using services and supports know their needs best and are in the best position to plan and manage their own services. Self-direction helps people maintain their independence at home by choosing the mix of services and supports that work best for them.
<b>ADRCs/NWD Systems</b>	The <a href="#">Administration for Community Living</a> , along with federal partners CMS and SAMHSA, developed the <a href="#">Person-Centered Counseling Training Program</a> for employees working in a NWD System.	Boston University, Center for Aging & Disability Education and Research: An online, self-paced ADRC <a href="#">Options Counseling Certificate</a> program.  State-specific options counseling training	Service Delivery Model	The No Wrong Door (NWD) System, including Aging and Disability Resource Centers (ADRC), represents a collaborative effort of the U.S. Administration for Community Living (ACL), the Centers for

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	<p>The blended-learning design includes online courses and a day of in-person training delivered by trainers credentialed by <a href="#">The Learning Community for Person Centered Practices</a>.</p> <p>Formal credential: Yes</p>	<p>programs, standards, or courses.</p>		<p>Medicare &amp; Medicaid Services (CMS), and the Veterans Health Administration (VHA), to support state efforts to streamline access to Long Term Services and Supports (LTSS) options for all populations and all payers.</p>